

AIR ANKLE | UNIVERSAL ANKLE ORTHOSIS

Available through VA Denver Logistics Center (DLC)

Contract No: 36C79120D0009

Orders may be placed through the DLC Remote Order Entry System (ROES) online ordering application. For assistance, contact DLC Customer Service Support at 303-273-6200.

Universal Air Ankle Stirrup

FEATURES

- Anatomically-contoured plastic shell
- Two adjustable circumferential straps
- Air bladders for additional support and compression
- Adjustable heel strap

FUNCTIONS

- Rigid contoured outer shells control inversion or eversion while allowing for normal dorsi-flexion
- Inflatable air bladders allow user to adjust compression pressure to reduce swelling
- Velcro closures allows for ease of adjustment

INDICATIONS

- Mild to moderate ankle sprains and strains
- Post-cast support
- Injury prevention
- Chronic ankle instability
- Prophylactic and therapeutic use in sport activities

CONTRAINDICATIONS

Inspect ankle, foot and product before and after each use. Always wear an absorbent sports sock. If rash, blisters, or skin irritations occur, consult your physician and discontinue use of the support.



Frontline Medical Services
Toll Free: 866-681-0444
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FITTING INSTRUCTIONS

STEP 1: Step into the brace to check fit. Center the side stirrups along lower leg and ankle.

STEP 2: Adjust heel width, if necessary, by lifting the lower air bladder or foam pad and adjusting the contact closure. The heel strap should be adjusted equally on both sides. Position the bottom of the stirrups to be at or slightly above the bottom of the foot.

STEP 3: Wrap lower strap snugly around brace.

STEP 4: Wrap top strap and readjust the lower strap as necessary to achieve a snug fit.

STEP 5: Apply shoe and tighten laces. Readjust the brace as necessary for maximum comfort and support.

STEP 6: If necessary, inflate air bladders for additional compression and support. Inflate by peeling back the top portion of the bladder to locate the air valve. Insert the provided air pump through the air valve and inflate. Do not over inflate. After inflating be sure to fold over the air valve flap and tuck against the side stirrup to prevent air from leaking. To remove air, place pump nozzle into air valve and press on the air bladders until desired inflation is achieved.



WASHING INSTRUCTIONS: This support may be cleaned by wiping with a damp cloth and mild detergent. Do not use bleach or strong detergents. Do not wash in washing machine or place in dryer. Avoid direct contact for prolonged time in sun or direct heat.

Product No.	Description
AN055	Universal Air Ankle Stirrup

HCPCS: L4350

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